FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

wasnington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
noterration 4/h)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* WHITE DOUGLAS L						2. Issuer Name and Ticker or Trading Symbol NEWPARK RESOURCES INC [NR]									5. Relationship of Reporting (Check all applicable) Director X Officer (give title			109	Olssuer Owner er (specify
(Last) (First) (Middle) 9320 LAKESIDE BOULEVARD SUITE 100					3. Date of Earliest Transaction (Month/Day/Year) 02/14/2019										Λ	belov	,	bel , CAO, PAC	′
(Street) THE WOODLANDS TX 77381 (City) (State) (Zip)					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									i. Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transport Date (Month/L)						ar)	Execution	A. Deemed execution Date, any Month/Day/Year)		Transaction Dispose Code (Instr. 5)		ities Acquired (A) d Of (D) (Instr. 3, 4			4 and Secu Bene		icially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	of Indirect
									Code	v	Amount		(A) or (D)	Price		Transaction(s) (Instr. 3 and 4)			(11041.4)
Common Stock 02/14/					l/ 2 019					V	739		A	\$7.9	956	4	0,260	D	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	Derivative Conversion Date Execution Descurity or Exercise (Month/Day/Year) if any			Date, Transactio					6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)					9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownersh Form: Direct (D or Indirec (I) (Instr.	Beneficial Ownership t (Instr. 4)
					Code	v	(A)		Date Exercisa		Expiration Date	Title	or Nur of	nber					

Explanation of Responses:

1. These shares were acquired under the Newpark Resources, Inc. 2008 Amended & Restated Employee Stock Purchase Plan in transactions that were exempt under both Rule 16-3(d) and Rule 16b-3(e).

Douglas L. White

02/19/2019

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.