FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

								( )											
Name and Address of Reporting Person*     Howes Paul L						2. Issuer Name and Ticker or Trading Symbol NEWPARK RESOURCES INC [ NR ]								(Che	elationship deck all applic	able)	g Person(s) to Issi 10% Ov		
(Last) (First) (Middle) 9320 LAKESIDE BOULEVARD SUITE 100						3. Date of Earliest Transaction (Month/Day/Year) 06/01/2020								- 2	below)	Officer (give title below)  President		Other (s below) CEO	pecify
(Street) THE WOODI	(Street)						4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person				
(City)		State)	(Zip)																
			Table I - N	on-Deri	vativ	e Se	curi	ties Ac	quired,	Dis	posed c	f, or	Ben	eficiall	y Owned				
Date				Date	nsaction h/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr.		4. Securities Acquired (ADisposed Of (D) (Instr. 35)			Securitie Benefici Owned F	5. Amount of Securities Beneficially Owned Following		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount		(A) or (D)	Price	Reported Transact (Instr. 3 a	ion(s)			(Instr. 4)
Common	Stock			06/0	06/01/2020				М		52,88	4	A	\$0.0	908	3,238		D	
Common	Stock			06/0	06/01/2020				М		42,76	7	A	\$0.0	951	1,005		D	
Common Stock					6/01/2020				М		67,43	0	A	\$0.0	1,01	1,018,435		D	
Common Stock					06/01/2020				F		12,877	(1)	D	\$2.08	3 1,00	1,005,558		D	
Common Stock					06/01/2020				F		10,413	(1)	D	\$2.08	3 995	995,145		D	
Common Stock 06/0					1/202	/2020		F		16,419(1)		D	\$2.08	978	978,726		D		
Common Stock															25	,000		I	by Trust
			Table II							•	osed of,			-	Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversio or Exercis Price of Derivative Security		Execution (ear) if any	ned	4. Transaction Code (Instr. 8)		5. Number		6. Date Exercise Expiration Date (Month/Day/Yea		sable and e	7. Tit of Se Unde	7. Title and Amor of Securities Underlying Derivative Secur (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	s Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	1	Amount or Number of Shares					
Restricted Stock Units	\$0.0 <sup>(2)</sup>	06/01/2020			М			52,884	(3)		(3)	Com Sto		52,884	\$0.0	728,260		D	
Restricted Stock	\$0.0 <sup>(2)</sup>	06/01/2020			M			42,767	(3)		(3)	Com		12,767	\$0.0	685,49	)3	D	

**\$0.0**<sup>(2)</sup>

Restricted

Stock

Units

- 1. Represents shares withheld to satisfy tax withholding obligations upon the vesting of restricted shares.
- 2. Restricted stock units convert into common stock on a one-for-one basis.

06/01/2020

3. The restricted stock units vest in increments of one-third of the shares on June 1 of each subsequent year after grant.

By: Jennifer F. Wilson For: Paul L. Howes \*\* Signature of Reporting Person

67,430

\$0.0

06/03/2020

618,063

D

Common

Stock

(3)

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

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Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

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(3)